Department Heads

Janice Eagles, LPN - Executive Director
Maggy Zeitvogel - Health & Wellness Director
Valarie Elliott - Business Office Director
Alyssa Salisbury - Sales Director
Kay G. Lee - Resident Program Director
Frank West - Dietary Director
Justin Payne - Maintenance Director
Savanna Byrd - Resident Care Coordinator
Jenna Fatula - Resident Care Coordinator

FROM THE DESK OF . . .

Dear Residents, Families, and Friends,
I want to wish you all a Happy New Year!
As we celebrate the New Year, it is out with the old and in with the new! I hope everyone has a wonderful start to the New Year and it brings new and exciting things. I would like to express our sincerest gratitude to everyone that generously donated to the employee appreciation fund. So many gifts and greetings came through our front door. Thank you to all who gave in any way to our residents and staff.

We are so excited to see what the year 2025 brings for each of us! Be on the lookout for some exciting things we have in store for the community!!

Thank you for making LWALF your home. We love and care about every one of you – it wouldn't be the same without you. My wish for all of us is good health, great happiness, and lots of fun and laughs in 2025.

From all of us at LWALF, Happy New Year!!

Janice Eagles

Executive Director



JANUARY 2025

Winter Wonders

It's winter here in the Northern Hemisphere, bringing cooler temperatures. Keep warm with this bundle of cold-weather facts:

- While it may not snow in every city, about 1,200 cubic miles of the fluffy stuff falls on North America every year.
- The Great Lakes region is known as the snow belt of the U.S.
- Fairbanks, Alaska, gets the title of America's coldest city in winter. Its average low temperature is a frosty 16 below zero.
- A classic seasonal activity for kids, making paper snowflakes is an example of the art of paper cutting, which is practiced in many cultures.
- Residents of Bethel, Maine, built a record-breaking snowperson in 2008. Named Olympia, she stood 122 feet high—almost as tall as the Statue of Liberty—and was made of 13 million pounds of snow!
- Some animals sport white coats or feathers in winter to match their snowy surroundings. Arctic foxes, snowshoe hares and the bird known as the ptarmigan are examples.
- You don't have to wait for spring to see beautiful blossoms. Pansies, snowdrops and English primroses are some common flowers that bloom during the chilly months.
- The North and South Poles are known for their extreme temperatures. Do you know which one is colder? It's the South Pole, since it sits on the continent of Antarctica. The North Pole has no land and consists only of thick sea ice, so it absorbs more heat by floating on top of the water.





ASSISTED LIVING

JANUARY 2025

A New Year's Toast

To love, laughter and a happily ever after.

Snack & **Hydration**

Available Daily at FD

Monday - Friday **Snack & Hydration Social Time** 10:30am and 2:30pm - PL

Assisted Living **Location Key**

- AB Around the Building
- AR Activity Room
- BS Beauty Shop
- FD Front Desk
- FP Front Porch
- OB Outside Back Patio
- OOC Out Of Community
- PD Private Dining Room
- PL- Parlor
- RL- Resident Led

"The imagination is a palette of bright colors. You can use it to touch up memories—or you can use it to paint dreams." -Robert Brault

-FD/-RL Mark-PL -FD/-RL Mark-PL -FD/-RL Mark-PL

Sunday **Resident Birthdays** 1-2 - Evelyn Freeman 1-2 - Osvaldo Rodriguez 1-7 - Bobby Curtis 1-7 - Joanne Gordon 1-12 - Barbara Oulette 1-29 - William Thompson 8:30 Daily Chronicle & Word Search Puzzle -FD-RL 10:00 Church With Steve-PL 11:00 Catholic Communion-PL 1:00 Art & Winter Word Search 3:30 Church Service with Pastor 6:00 Movie Resident Choice-FD-PL 8:30 Daily Chronicle & Word Search Puzzle -FD-RL 10:00 Church With Steve-PL 11:00 Catholic Communion-PL 1:00 Art & Winter Word Search 3:30 Church Service with Pastor 6:00 Movie Resident Choice-FD-PL Puzzle -FD-RL

19 Martin Luther King Jr. Day 8:30 Daily Chronicle & Word Search 8:30 Daily Chronicle & Word Search Puzzle -FD- RL 10:00 Church With Steve-PL 9:15 Walmart OOC - Sign Up 9:30 Daily Devotion-PL 11:00 Catholic Communion-PL 10:00 Exercise Class-PL 1:00 Art & Winter Word Search 1:00 Bingo-PL 3:30 Church Service with Pastor 3:00 Snow Ball Toss Game - PL 4:00 Sit & Chat - PL or FP 6:00 Movie Resident Choice-FD-PL 6:00 Temple Of Joy- Music With The Dovers-PL 26 8:30 Daily Chronicle & Word Search 8:30 Daily Chronicle & Word Search Puzzle -FD- RL Puzzle -FD-RL 9:15 Walmart OOC - Sign Up 10:00 Church With Steve-PL 9:30 Daily Devotion-PL 11:00 Catholic Communion-PL 0:00 Exercise Class-PL 1:00 Art & Winter Word Search 1:00 Bingo-PL -FD/-RL 3:00 Resident Council-PL 3:30 Church Service with Pastor 3:00 Snow Ball Toss Game - PL Mark-PL 4:00 Sit & Chat - PL or FP 6:00 Movie Resident Choice-FD-PL 6:00 Temple Of Joy- Music With The **Dovers-PL**

Monday

8:30 Daily Chronicle & Word Search

Puzzle -FD- RL

9:30 Daily Devotion-PL

10:00 Exercise Class-PL

4:00 Sit & Chat - PL or FP

The Dovers-PL

Puzzle -FD- RL

9:30 Daily Devotion-PL

10:00 Exercise Class-PL

4:00 Sit & Chat - PL or FP

The Dovers-PL

1:00 Bingo-PL

9:15 Walmart OOC - Sign Up

3:00 Snow Ball Toss Game - PL

6:00 Temple Of Joy- Music With

1:00 Bingo-PL

9:15 Walmart OOC - Sign Up

3:00 Snow Ball Toss Game - PL

6:00 Temple Of Joy- Music With

8:30 Daily Chronicle & Word Search

10:00 Exercise Class-PL 10:30 Matt and Mary Jane Dog Therapy-PL 1:00 Wii Bowling - AR 4:00 Sit & Chat - PL or FP 6:00 Jigsaw Puzzle or Game of Choice-RL 8:30 Daily Chronicle & Word Search Puzzle-FD-RL 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 1:00 Wii Bowling - AR 1:30 Craft - PL 4:00 Sit & Chat - PL or FP 4:30 Resident Monthly Birthday Dinner 6:00 Jigsaw Puzzle or Game of

Choice-RL

Puzzle-FD-RL

9:30 Daily Devotion-PL

10:00 Exercise Class-PL

Therapy-PL

1:00 Wii Bowling - AR

Choice-RL

2:00 Welcome Party -PL

4:00 Sit & Chat - PL or FP

6:00 Jigsaw Puzzle or Game of

10:30 Matt and Mary Jane Dog

Tuesday

1-4 - Christopher Charles

1-10 - Lorenzo Miller

1-28 - Beverly Coleman

8:30 Daily Chronicle & Word

9:30 Daily Devotion-PL

10:00 Exercise Class-PL

1:00 Wii Bowling - AR

Choice-RL

Puzzle-FD-RL

9:30 Daily Devotion-PL

4:00 Sit & Chat - PL or FP

6:00 Jigsaw Puzzle or Game of

8:30 Daily Chronicle & Word Search

1:30 Craft - PL

Search Puzzle-FD-RL

Employee Birthdays

1-8 - Kay Lee

8:30 Daily Chronicle & Word Search Puzzle -FD- RL 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:00 Exercise Class-PL 10:00 York Library Bookmobile-DR 1:00 Bingo-PL 3:00 Ten Letter Word Game-PL 4:00 Sit & Chat - PL or OB 6:00 Bible Study Time-PL 8:30 Daily Chronicle & Word Search 8:30 Daily Chronicle & Word Search

Puzzle -FD- RL

9:30 Daily Devotion-PL

10:00 Exercise Class-PL

6:00 Bible Study Time-PL

Jack -PL

1:00 Bingo-PL

Wednesday

8:30 Daily Chronicle & Word

9:30 Daily Devotion-PL

10:00 Exercise Class-PL

Search Puzzle -FD- RL

3:00 Ten Letter Word Game-PL

8:30 Daily Chronicle & Word Search

10:45 Pet Therapy with Diane &

3:00 Ten Letter Word Game-PL

4:00 Sit & Chat - PL or OB

6:00 Bible Study Time-PL

8:30 Daily Chronicle & Word

9:30 Daily Devotion-PL

10:00 Exercise Class-PL

1:00 Bingo-PL

Search Puzzle -FD- RL

10:00 Snowman Craft with Diane

3:00 Ten Letter Word Game-PL

4:00 Sit & Chat - PL or OB

6:00 Bible Study Time-PL

4:00 Sit & Chat - PL or OB

6:00 Bible Study Time-PL

Puzzle -FD- RL

9:30 Daily Devotion-PL

10:00 Exercise Class-PL

Jack - PL

1:00 Bingo-PL

New Year's Day

1:00 Bingo-PL

10:45 Pet Therapy with Diane & 3:00 Ten Letter Word Game-PL 4:00 Sit & Chat - PL or OB

Social -PL 6:00 Walking Club - Inside Community 8:30 Daily Chronicle & Word Search Puzzle -FD- RL 8:30 Daily Chronicle & Word Search Puzzle -FD- RL 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Music with Gloria and Jeanne-PL 1:00 Catholic Rosary-PL 1:00 Fancy Nail Time -BS 2:30 Hot Chocolate & Cookie Social -PL 6:00 Walking Club - Inside Community

Thursday

8:30 Daily Chronicle & Word Search

Puzzle -FD- RL

9:30 Daily Devotion-PL

10:00 Exercise Class-PL

11:00 Catholic Mass-PL

Social -PL

Puzzle -FD- RL

9:30 Daily Devotion-PL

10:00 Exercise Class-PL

1:00 Catholic Rosary-PL

1:00 Fancy Nail Time -BS

Social -PL

15

3:00 Music with Bill-PL

Puzzle -FD- RL

9:30 Daily Devotion-PL

10:00 Exercise Class-PL

Social -PL

Community

Puzzle -FD- RL

1:00 Catholic Rosarv-PL

1:00 Fancy Nail Time -BS

2:30 Hot Chocolate & Cookie

9:30 Daily Devotion-PL

1:00 Catholic Rosary-PL

1:00 Fancy Nail Time -BS

6:00 Walking Club - Inside

2:30 Hot Chocolate & Cookie

8:30 Daily Chronicle & Word Search

2:30 Hot Chocolate & Cookie

6:00 Walking Club - Inside Community

8:30 Daily Chronicle & Word Search

1:00 Catholic Rosary-PL

1:00 Fancy Nail Time -BS

2:30 Hot Chocolate & Cookie

6:00 Walking Club - Inside Community

8:30 Daily Chronicle & Word Search

10:00 York Library Bookmobile-DR

10:00 Exercise Class-PL 1:00 Bingo-PL 3:00 Music With Patrick-PL 4:00 Sit & Chat - PL or FP 6:00 Enjoying TV Series-The Chosen (Life of Christ) -- FD-PL 8:30 Daily Chronicle & Word Search Puzzle -FD-RL 9:30 Daily Devotion-PL 9:30 Dollar Store -OOC-Sign Up 10:00 Exercise Class-PL 1:00 Bingo-PL 3:00 Snow Ball Toss - PL

4:00 Sit & Chat - PL or FP

6:00 Enjoying TV Series-The

Chosen (Life of Christ) -- FD-PL

Friday

8:30 Daily Chronicle & Word Search

9:00 Hamrick's - OOC-Sign Up

Puzzle -FD-RL

9:30 Daily Devotion-PL

10:00 Exercise Class-PL

3:00 Snow Ball Toss - PL

4:00 Sit & Chat - PL or FP

Puzzle -FD-RL

9:30 Daily Devotion-PL

10:00 Exercise Class-PL

3:30 Music With Terry-PL

4:00 Sit & Chat - PL or FP

Puzzle -FD-RL

3:00 Snow Ball Toss - PL

4:00 Sit & Chat - PL or FP

6:00 Enjoying TV Series-The

6:00 Enjoying TV Series-The

1:00 Bingo-PL

6:00 Enjoying TV Series-The

Chosen (Life of Christ) -- FD-PL

8:30 Daily Chronicle & Word Search

11:00 Lunch Outing - OOC-Sign Up

Chosen (Life of Christ) -- FD-PL

8:30 Daily Chronicle & Word Search

1:00 Bingo-PL

8:30 Daily Chronicle & Word Search Puzzle -FD- RL 10:00 Pet Therapy with Lisa and Junior

Saturday

1:00 Afternoon Movie Matinee: Resident Choice- FD-PL 3:30 Noodle Ball-PL 6:00 Game of Choice - RL

11 8:30 Daily Chronicle & Word Search Puzzle -FD- RL 10:30 Church Service w/Ben

Set Apart Ministries 1:00 Afternoon Movie Matinee: Resident Choice- FD-PL 3:30 Noodle Ball-PL 6:00 Game of Choice - RL

18 8:30 Daily Chronicle & Word Search Puzzle -FD- RL

9:30 Daily Devotion-PL 10:00 Sit & Chat w/ Oldies 9:30 Dollar Store -OOC-Sign Up Greatest Hits Music- FD-10:00 Exercise Class-PL PL or FP 1:00 Bingo-PL

10

1:00 Afternoon Movie Matinee: Resident Choice- FD-PL 3:30 Noodle Ball-PL

Chosen (Life of Christ) -- FD-PL 6:00 Game of Choice - RL

8:30 Daily Chronicle & Word Search 8:30 Daily Chronicle & Word Puzzle -FD-RL Search Puzzle -FD- RL 9:30 Daily Devotion-PL

10:00 Sit & Chat w/ Oldies Greatest Hits Music- FD--PL or FP

1:00 Afternoon Movie Matinee: Resident Choice- FD-PL 3:30 Noodle Ball-PL 6:00 Game of Choice - RL



Activities Subject to Change















January Employee of the Month



We would like to announce Dina Alvarenga as the Employee of the Month for January. Dina is one of our cooks

whose consistent dedication to providing great meals and attention to our resident dietary needs truly makes a difference. Dina has been a cook at Lake Wylie for one and a half years. Dina's favorite thing about working at Lake Wylie is the residents and always making sure they are happy and are enjoying their meals. When she is not at work, she enjoys spending time with her two fur babies, her dog Buddy and cat Tiger. Dina's hobbies are hiking, running, or spending time gardening in her flower gardens. Congratulations, and thank you for being a part of the team!



Be Thankful

Start your year off with kindness and appreciation—January is National Thank You Month.
Often people are critical instead of thankful, and an honest "thank you" can mean the world to someone. This month, focus on expressing gratitude and doing nice deeds for others.





