


# THE Lake Wylie Lifestyle



LAKE WYLIE  
SENIOR LIVING AT EASE

Like Us!  

ASSISTED LIVING COMMUNITY  
4877 Charlotte Highway · Lake Wylie, SC 29710 · (803) 831-9900

## Department Heads

Executive Director-Jacki Picard  
Nicci Melton - Business Office Manager  
Sandy Brown - Resident Program Director  
Roger Dishman - Director of Plant Operations  
Shawn Latta - Dining Services Director  
Janice Eagles, LPN - Assisted Living Director  
Alyssa Salisbury - Sales Director



## JULY 2024

## A Sticky Summertime Treat

As the clouds float above the crowds at a carnival or ballgame, down below are people of all ages happily enjoying the fluffy, melt-in-your-mouth confection known as cotton candy. Spin through these fun facts about the sticky stuff:

- Made of pure sugar, cotton candy isn't great for your teeth ... yet it was invented by a dentist! Dr. William Morrison co-created a sugar-spinning machine with candymaker John C. Wharton in 1897. They called their confection "fairy floss."
- In many countries, it's still called fairy floss or candy floss. In the Netherlands, they say sugar spider, and the French call it papa's beard.
- Each fine thread of cotton candy is thinner than a human hair. The strands are made by melting sugar and forcing it through a screen of tiny holes. Modern machines spin the sugar strands thousands of revolutions per minute.
- The treat was first introduced to a wide audience at the St. Louis World's Fair in 1904, where it sold for 25 cents a box.
- In the U.S., cotton candy is usually one of two artificially created flavors: blue raspberry and pink vanilla.
- An amusement park in Turkey holds the world record for making the longest spool of cotton candy. It took 6 hours and 70 staff members to make the confection, which measured over 4,500 feet long.
- Have you tried Cotton Candy grapes? A hybrid of two other grape varieties, the fruit's natural sweetness is compared to the flavor of cotton candy.

**JULY 2024**

**Red, White and Blue Watermelon Parfaits**

These patriotic parfaits are easy to make, healthy and will add a blast of flavor to your summertime meals and celebrations.

**Ingredients:**

- 1 cup fresh blueberries, washed and drained
- 1 6-ounce container Greek yogurt (Vanilla, lemon or coconut flavors work best.)
- 1 cup watermelon, diced
- Whipped cream for garnish

**Directions:**

Assemble parfaits by layering the blueberries, yogurt and watermelon into 2 or 3 short, clear drinking glasses or pint-sized glass jars. Start with a layer of berries, then add a layer of yogurt and finish with the watermelon. Top each parfait with a dollop of whipped cream and a few pieces of the diced melon. Tip: If making ahead of time or to thicken the yogurt layer, drain yogurt on paper towels for several minutes to absorb some of the liquid.

*Find more recipes at Culinary.net.*

**“Even the smallest victory is never to be taken for granted. Each victory must be applauded.”**  
—Audre Lorde

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Walking Club -AB 3:30 Words Within Words-PL 6:00 Card Night -PL</p>	1 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Matt and Mary Jane Dog Therapy-PL 10:30 Snack And Hydration-PL 1:00 Right, Left, Center Game-PL 2:30 Snack And Hydration-PL 3:00 Craft-Chalk Pastel Fireworks-PL 6:00 Jigsaw Puzzle -RL	2 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Matt and Mary Jane Dog Therapy-PL 10:30 Snack And Hydration-PL 1:00 Right, Left, Center Game-PL 2:30 Snack And Hydration-PL 3:00 Craft-Chalk Pastel Fireworks-PL 6:00 Jigsaw Puzzle -RL	3 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Patriotic Riddles and Stumpers-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Ten Letter Word Game-PL 6:00 Bible Study Time-PL	4 Independence Day 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Manicures Spa Day--BS 2:30 Snack And Hydration-PL 3:00 Wine And Cheese-PL 6:00 Rocking Chair Therapy-OB	5 9:30 Daily Devotion-PL 9:30 Hamricks-OOC-Sign Up 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Craft-Colorful Suncatchers-PL 6:00 Netflix And Chill -PL	6 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:30 Arts -AR 2:30 Snack And Hydration-FD 6:00 Church Service with Pastor Mark-PL
7 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD 3:00 Art Work -AR 6:00 Game of Choice-RL	8 Freezer Pop Day 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Walking Club -AB 3:30 Words Within Words-PL 6:00 Temple Of Joy- Music With The Dovers-PL	9 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Pokeno!-PL 2:30 Snack And Hydration-PL 3:00 Craft-Painting Birdhouses-PL 6:00 Jigsaw Puzzle -RL	10 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Pet Therapy With Jack And Dianne 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Ten Letter Word Game-PL 6:00 Bible Study Time-PL	11 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:15 York County Bookmobile-PD 10:30 Snack And Hydration-PL 11:00 Catholic Mass-PL 1:00 Manicures Spa Day--BS 2:30 Snack And Hydration-PL 3:00 Music with Bill-PL 3:00 Wine And Cheese-PL 6:00 Rocking Chair Therapy-OB	12 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:00 The Dollar Tree-OOC-Sign Up 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Music With Terry-PL 6:00 Netflix And Chill -PL	13 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:30 Arts -AR 2:30 Snack And Hydration-FD 6:00 Church Service with Pastor Mark-PL
14 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD 3:00 Art Work -AR 6:00 Game of Choice-RL	15 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Residents' Birthdays -PL 3:30 Walking Club -AB 6:00 Card Night -PL	16 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Matt and Mary Jane Dog Therapy-PL 10:30 Snack And Hydration-PL 1:00 Scattergories Game-PL 2:30 Snack And Hydration-PL 3:00 Baking Class-Banana Bread-AR 6:00 Jigsaw Puzzle -RL	17 Hot Dog Day 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Ten Letter Word Game-PL 6:00 Bible Study Time-PL	18 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Catholic Rosary-PL 1:00 Manicures Spa Day--BS 2:30 Snack And Hydration-PL 3:00 Wine And Cheese-PL 6:00 Rocking Chair Therapy-OB	19 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Music With David-PL 6:00 Netflix And Chill -PL	20 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:30 Arts -AR 2:30 Snack And Hydration-FD 6:00 Church Service with Pastor Mark-PL
21 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD 3:00 Art Work -AR 6:00 Game of Choice-RL	22 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Resident Council-PL 3:30 Walking Club -AB 6:00 Temple Of Joy- Music With The Dovers-PL	23 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Pokeno!-PL 2:30 Snack And Hydration-PL 3:00 Music Sing-along-PL 6:00 Jigsaw Puzzle -RL	24 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 10:45 Pet Therapy With Jack And Dianne 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Ten Letter Word Game-PL 6:00 Bible Study Time-PL	25 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:15 York County Bookmobile-PD 10:30 Music with Gloria and Jeanne-PL 10:30 Snack And Hydration-PL 1:00 Catholic Rosary-PL 1:00 Manicures Spa Day--BS 2:30 Snack And Hydration-PL 3:00 Wine And Cheese-PL 6:00 Rocking Chair Therapy-OB	26 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Music With Patrick-PL 6:00 Netflix And Chill -PL	27 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-FD 1:30 Arts -AR 2:30 Snack And Hydration-FD 6:00 Church Service with Pastor Mark-PL
28 10:00 Church With Steve-PL 10:30 Snack And Hydration-FD 11:00 Catholic Communion-PL 2:30 Snack And Hydration-FD 3:00 Art Work -AR 6:00 Game of Choice-RL	29 9:30 Daily Devotion-PL 10:00 Exercise With Therapy-PL 10:00 Walmart OOC 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Walking Club -AB 6:00 Card Night -PL	30 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Matt and Mary Jane Dog Therapy-PL 10:30 Snack And Hydration-PL 1:00 Stickman Game-PL 2:30 Snack And Hydration-PL 6:00 Jigsaw Puzzle -RL	31 9:30 Daily Devotion-PL 10:00 Exercise Class-PL 10:30 Snack And Hydration-PL 1:00 Bingo-PL 2:30 Snack And Hydration-PL 3:00 Ten Letter Word Game-PL 6:00 Bible Study Time-PL	Resident Birthdays 7/02 KARL MUNN 7/06 ROSE FRITZ 7/15 DONALD HAINES 7/16 CLYDE CHEEZEM 7/28 LEANDRA SMITH 7/28 BILLY SHERRILL	Employee Birthdays 7/3 - Skyelar Adams 7/5 - Annette Philpott 7/20 - Robert Burris 7/27 - Janyia Thomas 7/30 - Melissa Mason	All Events Are Subject to Change



Congratulations on this outstanding achievement! We're proud to have you on our team, and your exemplary performance has earned you the Employee of the Month award. Well done! Congratulations on being named Employee of the Month, Tada Smith! In her free time she enjoys spending time with her family and playing with her grandbabies. Thank you for all you do.



## At the Beach

The combination of sand and surf creates scenic coastlines across the world. Relax, unwind and find out what makes some beaches fascinating and fantastic.

- Beaches became popular destinations during the 1700s. Doctors often prescribed a visit to the seashore to improve a person's health.
- Most beach sand is tan or white in color, but there are beaches with sand that's black, green, pink, purple and red.
- Brazil is home to the world's longest beach, Casino Beach, which stretches 150 miles long.
- You'll find the "shark tooth capital of the world" at Venice Beach in Florida. Every year, hundreds of fossilized teeth from prehistoric sharks wash ashore there.
- At 58 feet high, the world's tallest sandcastle was built on a German beach in 2019.
- Tides have turned California's Glass Beach from trash to treasure. Its shore is covered with polished pebbles of colorful sea glass, made from garbage tossed into the ocean long ago.
- A day at the beach or the spa? You can have both at New Zealand's Hot Water Beach, where the water underneath the beach heats up to 150 degrees. Beachgoers dig holes in the sand to soak in their own hot tubs.
- It's the wildlife that makes some beaches unique. Sea turtles, penguins, flamingos, monkeys and pigs are just some of the animals that roam the shores along with human visitors.