

Department Heads

Jacki Picard - Executive Director
Roger Dishman - Director Plant Operations
Sandy Brown - Resident Program Director
Nicci Melton - Business Office Manager
Shawn Latta - Dining Services Director
Janice Eagles - Assisted Living Director
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JULY 2024

A Sticky Summertime Treat

As the clouds float above the crowds at a carnival or ballgame, down below are people of all ages happily enjoying the fluffy, melt-in-your-mouth confection known as cotton candy. Spin through these fun facts about the sticky stuff:

- Made of pure sugar, cotton candy isn't great for your teeth ... yet it was invented by a dentist! Dr. William Morrison co-created a sugar-spinning machine with candymaker John C. Wharton in 1897. They called their confection "fairy floss."
- In many countries, it's still called fairy floss or candy floss. In the Netherlands, they say sugar spider, and the French call it papa's beard.
- Each fine thread of cotton candy is thinner than a human hair. The strands are made by melting sugar and forcing it through a screen of tiny holes.
 Modern machines spin the sugar strands thousands of revolutions per minute.
- The treat was first introduced to a wide audience at the St. Louis World's Fair in 1904, where it sold for 25 cents a box.
- In the U.S., cotton candy is usually one of two artificially created flavors: blue raspberry and pink vanilla.
- An amusement park in Turkey holds the world record for making the longest spool of cotton candy. It took 6 hours and 70 staff members to make the confection, which measured over 4,500 feet long.
- Have you tried Cotton Candy grapes? A hybrid of two other grape varieties, the fruit's natural sweetness is compared to the flavor of cotton candy.





MEMORY CARE

JULY 2024

How To Make Sun Prints

This simple project combines science and art to create a cool design.

Materials:

- Small, flat objects such as leaves, flower petals, feathers, buttons, keys, etc.
- Construction paper (dark colors are best)
- Clear tape

Directions:

Arrange the objects on the construction paper. Flat objects with lots of details, like the veins in a leaf, will make better prints. Use small pieces of tape to secure the items to the paper. Place the sheet of paper outside in direct sunlight. You can also tape the sheet of paper to a window indoors, with the side holding the objects facing outside. After at least 4 hours, carefully remove the taped objects from the paper to reveal the sun prints left behind. You can frame the designed paper, place it in a journal or cut it into squares to make greeting cards.

"Even the smallest victory is never to be taken for granted. Each victory must be applauded."

—Audre Lorde

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
E	A A A A A A A A A A A A A A A A A A A	9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Exercise Class with Therapy-AR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 6:00 Relaxing Music I2L-AR	9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 10:45 Bible Study With Don -AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:30 Spa Time -AL 6:00 Movie Time And Popcorn -AR	9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 11:00 Pet Therapy With Jack And Dianne 1:00 Quiet Time-R 2:00 Making Dirt Cake with Kerri-AR 2:30 Snack And Hydration-LR 6:00 TV Time-LR	Independence Day 9:30 Morning Prayer and Devotion-AR 10:00 Time with Terry the Chaplain 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:00 4th of July Celebration 3:00 Sparkling Wine And Cheese-OB 6:00 Wind Down Music I2L-LR	10:30 Snack and Hydration-AR	9:30 Daily Chronicles & Coffee-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 6:00 Game Show Watching Time-LR
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all ·	9:30 Morning Prayer and Devotion-AR 10:00 Singing Hymnals-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Chitchat-OB	9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Exercise Class with Therapy-AR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 6:00 Relaxing Music I2L-AR	9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 10:45 Bible Study With Don -AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:30 Spa Time -AL 6:00 Movie Time And Popcorn -AR	National Peach Ice Cream Day 17 9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 11:00 Pet Therapy With Jack And Dianne 1:00 Quiet Time-R 2:00 Peach Ice Cream with Kerri-OB 2:30 Snack And Hydration-LR 6:00 TV Time-LR	9:30 Morning Prayer and Devotion-AR 10:00 Time with Terry the Chaplain 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:00 Looking at Nature- OB 3:00 Sparkling Wine And Cheese-OB 6:00 Wind Down Music I2L-LR	10:30 Snack and Hydration-AR	9:30 Daily Chronicles & Coffee-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 6:00 Game Show Watching Time-LR
a	9:30 Morning Prayer and Devotion-AR 10:00 Singing Hymnals-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Chitchat-OB	9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Exercise Class with Therapy-AR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 6:00 Relaxing Music I2L-AR	9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 10:45 Bible Study With Don -AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:30 Spa Time -AL 6:00 Movie Time And Popcorn -AR	9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 11:00 Pet Therapy With Jack And Dianne 1:00 Quiet Time-R 2:00 Milkshakes in a Bag with Kerri-AR 2:30 Snack And Hydration-LR 6:00 TV Time-LR	10:00 Time with Terry the Chaplain 10:30 Snack and Hydration-AR 11:00 Gloria And Toney Sing-along -LR	Devotion-AR 10:00 Sing Along-LR 10:30 Snack and Hydration-AR	9:30 Daily Chronicles & Coffee-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 6:00 Game Show Watching Time-LR
y Te	10:30 Snack and Hydration-AR	9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Exercise Class with Therapy-AR 10:30 Snack and Hydration-AR 12:30 Birthday Celebration-DR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 6:00 Relaxing Music I2L-AR	9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 10:45 Bible Study With Don -AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:30 Spa Time -AL 6:00 Movie Time And Popcorn -AR	9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 11:00 Pet Therapy With Jack And Dianne 1:00 Quiet Time-R 2:00 Fun with Kerri-AR 2:30 Snack And Hydration-LR 6:00 TV Time-LR	Resident Birthdays 7/28/ Leandra Smith 7/28/ Billy Sherrill		All Events Are Subject to Change



Congratulations on this outstanding achievement! We're proud to have you on our team, and your exemplary performance has earned you the Employee of the Month award. Well done! Congratulations on being named Employee of the Month, Tada Smith! In her free time she enjoys spending time with her family and playing with her grandbabies. Thank you for all you do.



At the Beach

The combination of sand and surf creates scenic coastlines across the world. Relax, unwind and find out what makes some beaches fascinating and fantastic.

- Beaches became popular destinations during the 1700s.
 Doctors often prescribed a visit to the seashore to improve a person's health.
- Most beach sand is tan or white in color, but there are beaches with sand that's black, green, pink, purple and red.
- Brazil is home to the world's longest beach, Casino Beach, which stretches 150 miles long.
- You'll find the "shark tooth capital of the world" at Venice Beach in Florida. Every year, hundreds of fossilized teeth from prehistoric sharks wash ashore there.
- At 58 feet high, the world's tallest sandcastle was built on a German beach in 2019.
- Tides have turned California's Glass Beach from trash to treasure. Its shore is covered with polished pebbles of colorful sea glass, made from garbage tossed into the ocean long ago.
- A day at the beach or the spa? You can have both at New Zealand's Hot Water Beach, where the water underneath the beach heats up to 150 degrees. Beachgoers dig holes in the sand to soak in their own hot tubs.
- It's the wildlife that makes some beaches unique. Sea turtles, penguins, flamingos, monkeys and pigs are just some of the animals that roam the shores along with human visitors.





