


THE Lake Wylie Lifestyle



LAKE WYLIE
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY
4878 Charlotte Highway · Lake Wylie, SC 29710 · (803) 831-9900

Department Heads

Jacki Picard - Executive Director
Roger Dishman - Director Plant Operations
Kay G Lee- Resident Program Director
Nicci Melton - Business Office Manager
Shawn Latta - Dining Services Director
Janice Eagles - Assisted Living Director
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A Note From Our Director

Can you believe we are starting the month of August? Children are on their way to classes, parents' cars lining up to drop off students, and we see the summer season winding down. We will be having fun reminiscing about our school days, and other outings and events this month. Please be sure to check your Activity Calendar as well as our daily flyers to see what exciting outings and events are scheduled!

We are gearing up for our annual Lake Wylie Trunk or Treat on October 29, 2024. If you would like to donate candy, please bring it to the Concierge desk. This year's theme is Disney at Lake Wylie.

AUGUST 2024

A Sticky Summertime Treat

As the clouds float above the crowds at a carnival or ballgame, down below are people of all ages happily enjoying the fluffy, melt-in-your-mouth confection known as cotton candy. Spin through these fun facts about the sticky stuff:

- Made of pure sugar, cotton candy isn't great for your teeth ... yet it was invented by a dentist! Dr. William Morrison co-created a sugar-spinning machine with candymaker John C. Wharton in 1897. They called their confection "fairy floss."
- In many countries, it's still called fairy floss or candy floss. In the Netherlands, they say sugar spider, and the French call it papa's beard.
- Each fine thread of cotton candy is thinner than a human hair. The strands are made by melting sugar and forcing it through a screen of tiny holes. Modern machines spin the sugar strands thousands of revolutions per minute.
- The treat was first introduced to a wide audience at the St. Louis World's Fair in 1904, where it sold for 25 cents a box.
- In the U.S., cotton candy is usually one of two artificially created flavors: blue raspberry and pink vanilla.
- An amusement park in Turkey holds the world record for making the longest spool of cotton candy. It took 6 hours and 70 staff members to make the confection, which measured over 4,500 feet long.
- Have you tried Cotton Candy grapes? A hybrid of two other grape varieties, the fruit's natural sweetness is compared to the flavor of cotton candy.

AUGUST 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Resident Birthdays 8/3 Dorothy Kille 8/04 JOHN NEELEY 8/13 Alice Linton 8/15 BILL REDICK 8/19 SARA PERNA 8/24 DIANE FREEMAN 8/28 ROSCOE AILS	Employee Birthdays Dina Alvarenga 8/1 Sima Ellis 8/8 Kalynn Bradley 8/13 Jennifer Jackson 8/13 Leah Tench 8/13 Sara Kaham 8/15 Gladys Land 8/13 Samantha Davies 8/23 Macayla Broome 8/24 Janelle Cleveland 8/25 Mithsou Charles 8/25	All Events Are Subject to Change	1 9:30 Morning Prayer and Devotion-AR 10:00 Time with Terry the Chaplain 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:00 Looking at Nature- OB 3:00 Sparkling Wine And Cheese-OB 6:00 Wind Down Music I2L-LR	2 9:30 Morning Prayer and Devotion-AR 10:00 Sing Along-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 6:00 Netflix And Relax-LR	3 9:30 Daily Chronicles & Coffee-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 6:00 Game Show Watching Time-LR
4 9:30 Morning Prayer and Devotion-AR 10:00 Singing Hymnals-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Chit Chat-OB	5 9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Exercise Class with Therapy-AR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 6:00 Relaxing Music I2L-AR	6 9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 10:45 Bible Study With Don -AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:30 Spa Time -AL 6:00 Movie Time And Popcorn -AR	7 9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 11:00 Pet Therapy With Jack And Dianne 1:00 Quiet Time-R 2:00 Fun with Kerri-AR 2:30 Snack And Hydration-LR 6:00 TV Time-LR	8 9:30 Morning Prayer and Devotion-AR 10:00 Time with Terry the Chaplain 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:00 Looking at Nature- OB 3:00 Sparkling Wine And Cheese-OB 6:00 Wind Down Music I2L-LR	9 9:30 Morning Prayer and Devotion-AR 10:00 Sing Along-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Music With Terry- AL 6:00 Netflix And Relax-LR	10 9:30 Daily Chronicles & Coffee-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 6:00 Game Show Watching Time-LR
11 9:30 Morning Prayer and Devotion-AR 10:00 Singing Hymnals-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Chit Chat-OB	12 9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Exercise Class with Therapy-AR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 6:00 Relaxing Music I2L-AR	13 9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 10:45 Bible Study With Don -AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:30 Spa Time -AL 6:00 Movie Time And Popcorn -AR	14 9:30 Morning Prayer and Devotion-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 11:00 Pet Therapy With Jack And Dianne 1:00 Quiet Time-R 2:00 Fun with Kerri-AR 2:30 Snack And Hydration-LR 6:00 TV Time-LR	15 9:30 Morning Prayer and Devotion-AR 10:00 Time with Terry the Chaplain 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:00 Looking at Nature- OB 3:00 Sparkling Wine And Cheese-OB 6:00 Wind Down Music I2L-LR	16 9:30 Morning Prayer and Devotion-AR 10:00 Sing Along-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 3:00 Music With David-AL 6:00 Netflix And Relax-LR	17 9:30 Daily Chronicles & Coffee-AR 10:00 American Idol Lake Wylie Edition-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time-R 2:30 Snack And Hydration-LR 6:00 Game Show Watching Time-LR
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Homemade Hummus

Enjoy fresh summer vegetables with this healthy homemade hummus.

Ingredients:

- 1/4 cup tahini
- 3 tablespoons lemon juice
- 2 to 4 tablespoons cold water
- 2 tablespoons olive oil, plus more for drizzling
- 1 to 2 cloves garlic, peeled
- 1/2 teaspoon ground cumin
- 3/4 teaspoon salt
- 1 can (15 ounces) chickpeas, drained and rinsed
- Crushed red pepper flakes

Directions:

Add tahini, lemon juice, water, olive oil, garlic, cumin and salt to a food processor. Puree until smooth. Add chickpeas and puree for 3 to 4 minutes, stopping halfway to scrape down sides of bowl. If hummus is too thick, add 1 tablespoon of water and puree; repeat as necessary. To serve, drizzle with olive oil and garnish with red pepper flakes. Refrigerate in an airtight container.

**"It's never too late in life to have a genuine adventure."
—Robert Kurson**



Congratulations on this outstanding achievement! We are proud to have you on our team, and your exemplary performance has earned you the Employee of the Month Award. Well done! Congratulations on being named Employee of the Month, Krystle Broyles! Words cannot explain how great Krystle is in her role. Krystle is a very dedicated employee in everything she does. Krystle has worked at Lake Wylie Assisted Living for 10 years. She enjoys caring for our residents and being part of our housekeeping team. In her free time, she likes to build Lego cars and do crafts. Thank you for all you do.



At the Beach

The combination of sand and surf creates scenic coastlines across the world. Relax, unwind and find out what makes some beaches fascinating and fantastic.

- Beaches became popular destinations during the 1700s. Doctors often prescribed a visit to the seashore to improve a person's health.
- Most beach sand is tan or white in color, but there are beaches with sand that's black, green, pink, purple and red.
- Brazil is home to the world's longest beach, Casino Beach, which stretches 150 miles long.
- You'll find the "shark tooth capital of the world" at Venice Beach in Florida. Every year, hundreds of fossilized teeth from prehistoric sharks wash ashore there.
- At 58 feet high, the world's tallest sandcastle was built on a German beach in 2019.
- Tides have turned California's Glass Beach from trash to treasure. Its shore is covered with polished pebbles of colorful sea glass, made from garbage tossed into the ocean long ago.
- A day at the beach or the spa? You can have both at New Zealand's Hot Water Beach, where the water underneath the beach heats up to 150 degrees. Beachgoers dig holes in the sand to soak in their own hot tubs.
- It's the wildlife that makes some beaches unique. Sea turtles, penguins, flamingos, monkeys and pigs are just some of the animals that roam the shores along with human visitors.