

# THE Lake Wylie *Lifestyle*



LAKE WYLIE  
SENIOR LIVING AT EASE

Like Us!  

MEMORY CARE COMMUNITY  
4878 Charlotte Highway · Lake Wylie, SC 29710 · (803) 831-9900

## SEPTEMBER 2024

### Department Heads

Jacki Picard - Executive Director  
Alyssa Salisbury - Sales Director  
Kay G. Lee - Business Office Manager  
Roger Dishman - Director Plant Operations  
Shawn Latta - Dining Services Director  
Kim Courtney - RCC AL & Maggy Zeitvogel - RCC MC

### A Note From Our Executive Director . . .

Hello Everyone!

September promises to be another great month at our community. Fall will be here soon, bringing cooler temperatures and the rich colors of falling leaves. We are celebrating Assisted Living week with special music from Brian McCarn September 10th, 3pm-4pm. Please stop in and enjoy the fun.

We are collecting candy for our annual Trunk or Treat on October 29, 2024. If you would like to donate candy, please drop it off at the Concierge desk. Have a great September!

Sincerely,  
Jacki Picard, ED



### The Sunniest Flower

Bright and cheerful, sunflowers are late-summer blooms that have grown to be an annual crowd-pleasing sight.

The iconic sunflower is a tall, sturdy stalk topped with a vibrant gold blossom. There are over 70 varieties of the plant, from dwarf types that only reach 3 feet tall to mammoths that stand more than 15 feet high and can have heads about a foot wide. In addition to the classic yellow color, blooms can also be orange, red or purple, or have striped hues.

Each of a sunflower's petals is a kind of flower called a ray floret. These petals surround the head's large center, which is made of thousands of tiny flowers that eventually dry up and fall off, revealing mature seeds. Depending on the variety of sunflower, the seeds can be harvested and sold as a snack food, processed into cooking oil, or packaged as birdseed. A fascinating feature of sunflowers is that they follow the sun's movement through the sky from dawn to dusk. Called heliotropism, this movement occurs when the plants are young. Mature sunflowers typically face east.

Since sunflowers mirror features of the sun, they are thought to symbolize adoration, loyalty and longevity. Their sunny charm is often seen adorning home décor items and fashion designs, and they have long been a celebrated subject in art. Vincent Van Gogh and Diego Rivera are just a few of the artists who famously depicted sunflowers in their works.

Because they are easy to grow and attract bees, butterflies and birds, sunflowers are a popular choice for home gardens small and large.

**SEPTEMBER 2024**

**Memory Care Location Key**

- AR- ACTIVITY ROOM
- LR- LIVING ROOM
- OB- OUTSIDE PATIO

**Fall Into September**

The first day of fall, also called the autumnal equinox, arrives Sept. 22. It's one of two days during the year (the other being the first day of spring) that bring nearly equal hours of day and night, about 12 hours. The word equinox means "equal night" in Latin. For us in the Northern Hemisphere, the days will then grow shorter as the sun starts rising later and setting earlier.

**Simple Pleasures**

"Some old-fashioned things like fresh air and sunshine are hard to beat." —Laura Ingalls Wilder

"The journey between what you once were and who you are now becoming is where the dance of life really takes place."  
—Barbara de Angelis

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Morning Prayer &amp; Devotion-LR 10:00 TV Series The Choses (The Life Of Christ)-LR 10:30 Snack and Hydration-AR 11:00 Music - Singing Hymns- LR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Noodle Ball-AR 6:00 Wind Down Music - LR</p>	<p>2</p> <p>Labor Day 9:30 Devotion &amp; Hymns-LR 10:30 Exercise Class with Therapy-AR 10:30 Snack and Hydration-AR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Art Activity-AR 6:00 Relaxing Music -AR</p>	<p>3</p> <p>Bowling League Day 9:30 Devotion &amp; Hymns-LR 10:00 Bowling-AR 10:30 Snack and Hydration-AR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Color Scavenger Hunt -AR 3:30 Spa Time -AL 6:00 Movie Time &amp; Popcorn -AR</p>	<p>4</p> <p>Macadamia Nut Day 9:30 Devotion &amp; Hymns-LR 10:30 Snack and Hydration-AR 11:00 Pet Therapy With Jack And Dianne 12:00 Devotion &amp; Hymns-LR 1:00 Quiet Time 2:00 Crafts &amp; Fun w/Kerry-AR 2:30 Snack And Hydration-LR 6:00 TV Time-LR</p>	<p>5</p> <p>NFL Kickoff Day 9:30 Devotion &amp; Hymns-LR 10:00 Time with Terry the Chaplain 10:30 Snack and Hydration-AR 1:00 Quiet Time 2:00 Sparkling Wine And Cheese-AR 2:30 Celebrate Kickoff Day -AR 3:30 Noodle Ball Game - AR 6:00 Wind Down Music-LR</p>	<p>6</p> <p>Popcorn Day 9:30 Devotion &amp; Hymns-LR 10:00 Sing Along-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Resident Game of Choice- AR 6:00 Movie Time And Relax-LR</p>	<p>7</p> <p>9:30 Daily Chronicles &amp; Coffee-AR 10:00 Music Time - 1940-s - 1950's - 1960's - LR 10:30 Snack and Hydration-AR 11:00 Parachute Game - AR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Bean Bag Twister - LR 6:00 Game Show Watching Time-LR</p>
<p>8</p> <p>Grandparents Day 9:30 Morning Prayer &amp; Devotion-LR 10:00 TV Series The Choses (The Life Of Christ)-LR 10:30 Snack and Hydration-AR 11:00 Music - Singing Hymns- LR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Noodle Ball-AR 6:00 Wind Down Music - LR</p>	<p>9</p> <p>Assisted Living Week 9:30 Devotion &amp; Hymns-LR 10:30 Exercise Class with Therapy-AR 10:30 Snack and Hydration-AR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Art Activity-AR 6:00 Relaxing Music -AR</p>	<p>10</p> <p>9:30 Devotion &amp; Hymns-LR 10:00 Parachute Game-LR 10:30 Snack and Hydration-AR 11:00 Matt &amp; Mary Jane Dog Therapy-LR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Bowling -LR 3:00 Music with Brian McCarn-AL 3:30 Spa Time -AL 6:00 Movie Time &amp; Popcorn -AR</p>	<p>11</p> <p>9:30 Devotion &amp; Hymns-LR 10:30 Snack and Hydration-AR 11:00 Parachute Game - AR 1:00 Quiet Time 2:00 Crafts &amp; Fun w/Kerry-AR 2:30 Snack And Hydration-LR 6:00 TV Time-LR</p>	<p>12</p> <p>Lassie "B" Day 9:30 Devotion &amp; Hymns-LR 10:00 Time with Terry the Chaplain 10:30 Snack and Hydration-AR 1:00 Quiet Time 2:00 Sparkling Wine And Cheese-AR 2:30 Celebrate Lassie "B" Day 3:30 Color Scavenger Hunt -AR 6:00 Wind Down Music-LR</p>	<p>13</p> <p>9:30 Devotion &amp; Hymns-LR 10:00 Sing Along-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Music With Terry- AL 6:00 Movie Time And Relax-LR</p>	<p>14</p> <p>9:30 Daily Chronicles &amp; Coffee-AR 10:00 Music Time - 1940-s - 1950's - 1960's - LR 10:30 Snack and Hydration-AR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Bean Bag Twister - LR 6:00 Game Show Watching Time-LR</p>
<p>15</p> <p>9:30 Morning Prayer &amp; Devotion-LR 10:00 TV Series The Choses (The Life Of Christ)-LR 10:30 Snack and Hydration-AR 11:00 Music - Singing Hymns- LR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Noodle Ball-AR 6:00 Wind Down Music - LR</p>	<p>16</p> <p>BB King Day 9:30 Devotion &amp; Hymns-LR 10:30 Exercise Class with Therapy-AR 10:30 Snack and Hydration-AR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Art Activity-AR 6:00 Relaxing Music -AR</p>	<p>17</p> <p>9:30 Devotion &amp; Hymns-LR 10:00 Parachute Game -LR 10:30 Snack and Hydration-AR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Bowling - AR 3:30 Spa Time -AL 6:00 Movie Time &amp; Popcorn -AR</p>	<p>18</p> <p>Cheeseburger Day 9:30 Devotion &amp; Hymns-LR 10:30 Snack and Hydration-AR 11:00 Pet Therapy With Jack And Dianne 1:00 Quiet Time 2:00 Crafts &amp; Fun w/Kerry-AR 2:30 Snack And Hydration-LR 6:00 TV Time-LR</p>	<p>19</p> <p>9:30 Devotion &amp; Hymns-LR 10:00 Time with Terry the Chaplain 10:30 Snack and Hydration-AR 1:00 Quiet Time 2:00 Sparkling Wine And Cheese-AR 3:30 Noodle Ball Game - AR 6:00 Wind Down Music-LR</p>	<p>20</p> <p>9:30 Devotion &amp; Hymns-LR 10:00 Sing Along-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Music With David-AL 6:00 Movie Time And Relax-LR</p>	<p>21</p> <p>9:30 Daily Chronicles &amp; Coffee-AR 10:00 Music Time - 1940-s - 1950's - 1960's - LR 10:30 Snack and Hydration-AR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Bean Bag Twister - LR 6:00 Game Show Watching Time-LR</p>
<p>22</p> <p>First Day of Fall 9:30 Morning Prayer &amp; Devotion-LR 10:00 TV Series The Choses (The Life Of Christ)-LR 10:30 Snack and Hydration-AR 11:00 Music - Singing Hymns- LR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Noodle Ball-AR 6:00 Wind Down Music - LR</p>	<p>23</p> <p>9:30 Devotion &amp; Hymns-LR 10:30 Exercise Class with Therapy-AR 10:30 Snack and Hydration-AR 1:00 Quiet Time 1:30 Music with Cori Rose- 2:30 Snack And Hydration-LR 3:00 Art Activity-AR 6:00 Relaxing Music -AR</p>	<p>24</p> <p>9:30 Devotion &amp; Hymns-LR 10:00 Parachute Game - LR 10:30 Snack and Hydration-AR 11:00 Matt &amp; Mary Jane Dog Therapy-LR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Bowling -LR 3:30 Spa Time -AL 6:00 Movie Time &amp; Popcorn -AR</p>	<p>25</p> <p>Oktoberfest 9:30 Devotion &amp; Hymns-LR 10:30 Snack and Hydration-AR 11:00 Parachute Game - AR 1:00 Quiet Time 2:00 Crafts &amp; Fun w/Kerry-AR 2:30 Snack And Hydration-LR 2:30 Oktoberfest Celebration 6:00 TV Time-LR</p>	<p>26</p> <p>Johnny Appleseed Day 9:30 Devotion &amp; Hymns-LR 10:00 Time with Terry the Chaplain 10:30 Snack and Hydration-AR 11:00 Gloria And Toney Sing-along -LR 1:00 Quiet Time 2:00 Sparkling Wine And Cheese-AR 2:30 Celebrate Johnny Appleseed Day 3:30 Color Scavenger Hunt -AR 6:00 Wind Down Music-LR</p>	<p>27</p> <p>Fall Foliage Day 9:30 Devotion &amp; Hymns-LR 10:00 Sing Along-LR 10:30 Snack and Hydration-AR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Music With Patrick-AL 6:00 Movie Time And Relax-LR</p>	<p>28</p> <p>9:30 Daily Chronicles &amp; Coffee-AR 10:00 Music Time - 1940-s - 1950's - 1960's - LR 10:30 Snack and Hydration-AR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Bean Bag Twister - LR 6:00 Game Show Watching Time-LR</p>
<p>29</p> <p>9:30 Morning Prayer &amp; Devotion-LR 10:00 TV Series The Choses (The Life Of Christ)-LR 10:30 Snack and Hydration-AR 11:00 Music - Singing Hymns- LR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Noodle Ball-AR 6:00 Wind Down Music - LR</p>	<p>30</p> <p>9:30 Devotion &amp; Hymns-LR 10:30 Exercise Class with Therapy-AR 10:30 Snack and Hydration-AR 1:00 Quiet Time 2:30 Snack And Hydration-LR 3:00 Art Activity-AR 6:00 Relaxing Music -AR</p>		<p>RESIDENT BIRTHDAYS</p> <ul style="list-style-type: none"> <li>• 9/02- C. SANDERSON</li> <li>• 9/08- EVELYN TURNER</li> <li>• 9/13- RICHARD CURRAN</li> <li>• 9/14- DENISE BURTON</li> <li>• 9/16- BETTY MORRIS</li> <li>• 9/19- RANDALL HOVIS</li> <li>• 9/20- BEVERLY FINLEY</li> <li>• 9/21- KAREN FREY</li> <li>• 9/21- W. BRIDGEMAN</li> <li>• 9/23- ROSLYN COHEN</li> </ul>	<p>EMPLOYEE BIRTHDAYS</p> <ul style="list-style-type: none"> <li>9/5 - Christina Miller</li> <li>9/14 - Alyssa Salisbury</li> <li>9/13 - William Burris</li> <li>9/15 - Jenna Fatula</li> <li>9/18 - Cindy Dickson</li> <li>9/30 - Dana Stiles</li> </ul>		<p><b>All Events Are Subject to Change</b></p>

# EMPLOYEE OF THE MONTH

Congratulations on this outstanding achievement! We are proud to have you on our team, and your exemplary performance has earned you the Employee of the Month Award for September. Justin has been with us for 4 months in the Maintenance Department and has not missed a beat! Justin does not hesitate to go above and beyond with a smile. In his free time Justin enjoys spending time with his children and working outside at his home and reading books. Thank you for all you do!

